



## Sealants

Today your child had sealants applied to act as a safe and effective barrier protecting the decay-prone areas of the teeth.

Sealants generally last an average of 3-5 years. When your child comes in for their recare visits, we check to assure the sealant remains intact as the barrier of protection we intend it to be. If we detect chips or fractures in the sealant, they can be repaired easily if detected early.

To eliminate any unnecessary repairs, we stress to our patients the need to refrain from ice chewing, chewing any hard candy (Jolly Ranchers, Life Savers, etc.), eating the hard kernels of unpopped popcorn, or any other similar foods. We appreciate you following our recommendations and instructions with your child by monitoring their habits.

Our goal is for sealants to remain intact for longer than 3-5 years. With your help and cooperation we feel this goal is attainable.

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