

Post-Trauma Instructions

Your child has experienced the following trauma to their teeth:

- Concussion** – a traumatic blow or “bump” to the tooth injuring it’s supporting structures without loosening it.
- Subluxation** – an injury which bruises the surrounding structures of the tooth and its root causing the tooth to become mobile.
- Luxation** – a traumatic injury which has knocked the tooth out of position, injuring the surrounding structures of the tooth and its root.
- Avulsion** – the tooth was knocked out of the mouth.
- Fracture:** - non-complicated involving only the “hard structures”
- complicated involving the nerve and blood supply requiring treatment of the pulp
- Intrusion** – the tooth is pushed into the gum. A primary tooth will be monitored for re-eruption. It usually takes 6-12 months for complete eruption. Tooth may come in angled but generally tongue and lip pressure help it find its normal position.

The following is recommended for your child for their injured teeth:

1. Do stay on a soft diet in **front** for ____ days
2. Do not bite into apples, sandwiches, etc. for ____ days. Cut food into small pieces and chew with **back** teeth.
3. Do brush teeth as usual in other areas of the mouth.
4. Keep the traumatized area clean, using Q-tips and soft brushing with a 50/50 solution of hydrogen peroxide/water or glyoxide twice a day for ____ days.
5. Observe the teeth for **color changes** indicating a change in the health of the nerve and blood supply.
6. Observe the area for possible infection (increased redness, abscess, gumboil, pain & increased loosening of the affected teeth).
7. Take pain medicine as directed.
____ Children’s Motrin, Tylenol, etc.
____ Pain Prescription for Tylenol with Codeine
8. Take antibiotics as directed
9. Follow up with our office in _____ weeks.
10. Put ice on lip and sleep with head slightly elevated
11. Other _____

Please follow our recommendations and follow-up appointments to assure the best possible care for your child’s dental health. Call our office at (828) 274-9220 Asheville or Waynesville (828)454-9156, if you have any questions. Thank you for trusting us with your child’s dental health.